

## **SERVICES PROVIDED BY LIGHT VITALITY GROUP, INC.**

### 1. Wellness Discussion

Scope: LVG will review with client any relevant health concerns disclosed by client, and behavioral lifestyle under light including work/life balance and sleep/wake schedule.

Terms and Conditions:

- a. All wellness consultations require 30 minutes minimum
- b. Billed for every 30 minutes beyond initial 30 minutes.

Price:

- a. Initial 30-minute rate: \$50 per individual session
- b. \$35 per half hour beyond the initial hour per individual session

### 2. Wellness Discussion incorporating strategic lighting solutions

Scope: LVG will review with client any relevant health concerns disclosed by client, and behavioral lifestyle under light including work/life balance and sleep/wake schedule. Upon review of lifestyle discussion, LVG will work with client to program lighting solutions within identified key areas of concern to begin health transformation observations.

Terms and Conditions:

- a. All lighting solution consultations require 1-hr minimum
- b. Billed for additional 0.5 hour beyond the initial hour

Price:

- a. Hourly rate: \$150
- b. \$75 per half hour beyond the initial hour

### 3. Spectrally Optimized, Human Centric Light Bulbs with optional programming consultation

Scope: LVG will provide electric lighting components at request of purchaser. LVG may work with client to program lighting solutions within identified key areas of concern to begin health transformation observations.

Terms and Conditions:

- a. Minimum order of any four (4) lamp units.
- b. All lighting solution consultations require 1-hr minimum; billed for additional 0.5 hour beyond the initial hour

Price:

- |  |                               |
|--|-------------------------------|
| a. A19 Warm Dim Lamp with SkyBlue Technology:  | \$13.50/unit                  |
| b. A21 Warm Dim Lamp with SkyBlue Technology:  | \$12.00/unit                  |
| c. BR30 Warm Dim Lamp with SkyBlue Technology: | \$17.00/unit                  |
| d. Nightfall Silver-bulb 2200K Lamp:           | \$10.00/unit                  |
| c. Lighting consultation hourly rate:          | \$150/1-hour<br>\$75/0.5-hour |

## **TEAM PROFILES**

### Regina Lausell

CEO, Light Wellness Practitioner

Available at [www.lightvitalitygroup.com/team](http://www.lightvitalitygroup.com/team)